

Perio Therapy Consent Form (FMD, non-surgical SRP, surgical SRP, D4346, perio maintenance) :

Perio Claim Denials:

- You're dental insurance will likely deny claims for perio procedures.
- They illegitimately deny perio claims because they are not primarily interested in your dental health.
- Their contract says they only pay if they see obvious bone loss on your xrays.
- This means they want you to wait until your jaw bone is rotten before they begin to pay for deep cleanings.

- If the insurance company does not pay then the patient is responsible for the full fee and all collections costs.

- When you receive an EOB document (Explanation of benefits) then you should call them immediately and let them know you will not tolerate denial of that claim.

- You should request pre-determination from our office prior to scheduling your perio procedure. Please inform our office you want pre-determination and then follow up after 2 to 3 weeks.

Prophy cleaning (preventative cleaning) is ONLY for patients that do not have indications of periodontal disease. This means they have pocket depths of 3mm or less with zero bleeding on probing.

Patients who show indications of periodontal disease (4mm pocket depths) will receive these perio procedures:

(1) Full mouth debridement (FMD) - scaling above the gums only to remove calculus deposits to allow for proper probing. We do not clean below the gum line during FMD!

(2) Periodontal maintenance is scaling above and below the gums but without anesthesia; and only if the patient recently had SRP or Perio maintenance done within the past 90 days.

(3) Deep cleaning (Scaling & Root planning) is above & below the gum line with the option of having local anesthesia. SRP can be either non-surgical or surgical depending on whether the gums are separated from the bone. Surgical SRP (aka Flap SRP) is done for moderate to severe cases (6mm or greater pocket depths). Non-surgical SRP is done for mild cases (4mm to 5mm pocket depths).

(4) D4346 is scaling of an inflamed mouth and it is used for patients who are borderline and have inflammation.

We strongly recommend **nitrous oxide sedation** for all cleaning procedures in which the patient is healthy enough to receive nitrous oxide. Nitrous oxide will make it less painful for the patient and the patient is responsible for the extra fees. Patient should obviously expect post op pain and sensitivity which could be severe.

Potential risks of treatment:

I understand that symptoms of TMJ are possible subsequent to routine dental treatment, wherein the mouth is held in the open position. Although symptoms of Temporo-mandibular joint dysfunction are usually temporary in nature and well tolerated by most patients, I understand that treatment may be needed and the costs are my responsibility. Additionally, I understand that antibiotics, analgesics, and other medications may cause adverse reactions including redness, swelling, severe and sometimes permanent pain, prolonged and sometimes permanent numbness, parasthesia, itching, vomiting, dizziness, miscarriage, facial paralysis, stroke, cardiac arrest, or even death in rare cases. Perio procedures may not be entirely successful. Success is not guaranteed.

Hygiene and cleanings: The long-term success of any dental treatment and status of my oral condition depends on my efforts at proper oral hygiene (i.e brushing, flossing waterpik with pik pocket tip) and maintaining regular recall interval visits every 3-4 months with my dentist. Prophy patients must have their teeth cleaned every 6 months if below the age of 18 and every 4 months if above the age of 18. Furthermore, periodontal disease patients must have their teeth cleaned every 3 months.

Second opinion from specialist: Please obtain second opinion from a periodontist before proceeding with therapy in our office. Dr. Charles Fields in Reston VA is an excellent local periodontist.

Drugs and Supplements can cause excessive bleeding: Please let your doctor know if you are taking aspirin, ginseng, garlic or ginko.

Legal Fees:

The dental company is entitled to claim legal fees and lost wages incurred for any situation where legal action against the dental company is initiated and ultimately unsuccessful.

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